

General Note: All aquatics-area merit badges require that the scout complete the BSA Swim Test.

Emergency Preparedness: Pre-requisites

1. Earn the First Aid merit badge (or also be enrolled in First Aid while at Camp).
- 2(c) Meet with and teach your family how to get or build a kit, make a plan, and be informed for the situations on the chart you created for the requirement 2b. Complete a family plan. Then meet with your counselor and report on your family meeting, discuss their responses, and share your family plan.
7. Take part in an emergency service project, either a real one or a practice drill, with a Scouting unit or a community agency.
8. Do the following:
 - (a) Prepare a written plan for mobilizing your troop when needed to do emergency service. If there is already a plan, explain it. Tell your part in making it work.
 - (b) Take part in at least one troop mobilization. Before the exercise, describe your part to your counselor. Afterward, conduct an “after-action” lesson, discussing what you learned during the exercise that required changes or adjustments to the plan.
 - (c) Prepare a personal emergency service pack for a mobilization call. Prepare a family emergency kit (suitcase or waterproof box) for use by your family in case an emergency evacuation is needed. Explain the needs and uses of the contents.

Citizenship in the Nation: Pre-requisites

2. Do TWO of the following:
 - (a) Visit a place that is listed as a National Historic Landmark or that is on the National Register of Historic Places. Tell your counselor what you learned about the landmark or site and what you found interesting about it.
 - (b) Tour your state capitol building or the U.S. Capitol. Tell your counselor what you learned about the capitol, its function, and the history.
 - (c) Tour a federal facility. Explain to your counselor what you saw there and what you learned about its function in the local community and how it serves this nation.
 - (d) Choose a national monument that interests you. Using books, brochures, the Internet (with your parent’s permission), and other resources, find out more about the monument. Tell your counselor what you learned, and explain why the monument is important to this country’s citizens.

Backpacking: Pre-requisites

10. Using Leave No Trace principles, participate in at least three backpacking treks of at least three days each and at least 15 miles each, and using at least two different campsites on each trek. Carry everything you will need throughout the trek.
11. Do the following:
 - (a) Write a plan for a backpacking trek of at least five days using at least three different campsites and covering at least 30 miles. Your plan must include a description of and route to the trek area, a schedule (including a daily schedule), a list of food and equipment needs, a safety and emergency plan, and a budget.
 - (b) Using Leave No Trace principles, take the trek you have planned and, while on the trek, complete at least one service project approved by your merit badge counselor.

(c) Keep a daily journal during the trek that includes a day-by-day description of your activities, including note about what worked well and thoughts about improvements that could be made for the next trek.

Camping: Pre-requisites

9.

(a) Camp a total of at least 20 days and 20 nights. The 20 days and 20 nights must be at a designated Scouting activity or event. Sleep each night under the sky or in a tent you have pitched. You may use a week of long-term camp toward this requirement. If the camp provides a tent that has already been pitched, you need not pitch your own tent

(b) On any of these camping experiences, you must do TWO of the following, only with proper preparation and under qualified supervision .

- (1) Hike up a mountain, gaining at least 1,000 vertical feet.
- (2) Backpack, snowshoe, or cross-country ski for at least 4 miles.
- (3) Take a bike trip of at least 15 miles or at least four hours.
- (4) Take a nonmotorized trip on the water of at least four hours or 5 miles.
- (5) Plan and carry out an overnight snow camping experience/
- (6) Rappel down a rappel route of 30 feet or more.

Note: Requirement 9(c) will be completed at camp

Fishing/Fly-Fishing: Note

Both merit badges are expected to be partials, due

Scouting Heritage: Pre-requisites

5. Learn about the history of your unit or Scouting in your area. Interview at least two people (one from the past and one from the present) associated with your troop. These individuals could be adult unit leaders, Scouts, troop committee members, or representatives of your troop's chartered organization. Find out when your unit was originally chartered. Create a report of your findings on the history of your troop, and present it to your patrol or troop or at a court of honor, and then add it to the troop's library. This presentation could be in the form of an oral/written report, an exhibit, a scrapbook, or a computer presentation such as a slide show.

6. Make a collection of some of your personal patches and other Scouting memorabilia. With their permission, you may include items borrowed from family members or friends who have been in Scouting in the past, or you may include photographs of these items. Show this collection to your counselor, and share what you have learned about items in the collection. (There is no requirement regarding how large or small this collection must be.

Sports: Pre-requisites

4. Take part for one season (or four months) as a competitive individual or as a member of an organized team in TWO of the following sports: baseball, basketball, bowling, cross-country, field hockey, football, ice hockey, lacrosse, soccer, softball, table tennis, tennis, volleyball, water polo, or another counselor-approved sport.

Note: Requirements 4(a) through 4(c) will be completed in camp.

Note: A scoutmaster's signature is required.

Cycling: Pre-requisites

8. Avoiding main highways, take two rides of 10 miles each, two rides of 15 miles each, and two rides of 25 miles each. You must make a report of the rides taken. List dates, routes traveled, and interesting things you've seen.

9. After fulfilling requirement 8, lay out on a road map a 50-mile trip. Stay away from main highways. Using your map, make this ride in eight hours.

Note: Scouts will take the following rides during their week in camp: 5, 10, 15, and 25 miles.